

HKIA Outstanding Contributions to Clinical Allergy Award 2018

Dr. Christopher Lai

Dr. Christopher Lai is one of the founding members and past Presidents of the Hong Kong Institute of Allergy.

Dr. Lai graduated from the University of Hong Kong in 1978 and pursued his training in Respiratory Medicine in Aberdeen, Scotland from 1984-1986. From 1986 to 1989, he was a research fellow in Respiratory Medicine and Clinical Allergy under the guidance of Professor STEPHEN Holgate in Southampton, England. There, he developed his great passion for the discipline of Allergy.

Since returning to HK, Dr. Lai joined the Faculty of Medicine of the Chinese University of Hong Kong rising rapidly from a lecturer to senior lecturer and then to Professorship and Chief of Respiratory Medicine in 1998. He has since gone into Private Practice for about twenty years.

From the 1990s, while doctoring in the Chinese University of Hong Kong, Dr. Lai conducted many researches and published over 150 papers in peer reviewed journals. Dr. Lai was a member of the steering committee of the world renowned ISSAC study which, not only documented the breadth and depth of the global prevalence of Allergic Diseases but also raised the awareness of Allergy among the public and the professionals worldwide.

In addition, Dr. Lai is renowned for his clinical acumen, taught many medical students, mentored numerous young physicians, and is a very popular physician in high demand. For the Hong Kong Institute of Allergy, Dr. Lai is our gem. His passion for Allergy, his extensive network, his fund raising ability, his selfless services and his humor all contributed to the successful growth of the HK Institute of Allergy and the growing prominence of all our Hong Kong Allergy Conventions.

Indeed, Dr. Lai is more than qualified for the Award of Clinical Excellence; he is an exemplary model for all of us.